## Suicidal Youth Experiences Accessing Mental Health Support at the ER

M-A-P-S

Youth experience this process with frustration, feeling discriminated against and misunderstood. Youth may feel abandoned and believe "nothing helps anyway", making them less likely to seek support and more likely to disengage from the process when it becomes difficult.

This Journey Map was created in partnership with OSCMAP, a committee of service providers who all work with youth who engage in high-risk behaviours. Our Journey Maps were created to understand youth lived experience navigating complex systems in order to facilitate collaborative discussions that will enhance supports and services. For more information call M.A.P.S. at: 780-474-93

