Mothering in the Shadow of Domestic Violence*

Preservation in the Midst of Unpredictability

Living and Mothering in the Midst of Violence

I don't know how he will react! I must protect my children!

Caught Between a Rock and a Hard Place

There is no where to hide. I am afraid of the known and the unknown. It may be worse if we leave.

Once we leave, we've got to keep going. He may be right behind us.

Ripple Effects

I have learned to be more assertive and get our needs met. My voice matters and our story is important. I can advocate for myself and others.

My children are happier. I am stronger. We are moving forward together.

Reaching Out for Support

Thankfully some people understand what we need. I am getting stronger and I am gaining control of our lives.

Oh no, I can't trust these helpers. They don't realize how vulnerable we are.

Reconnecting With Myself and My Kids After Leaving

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