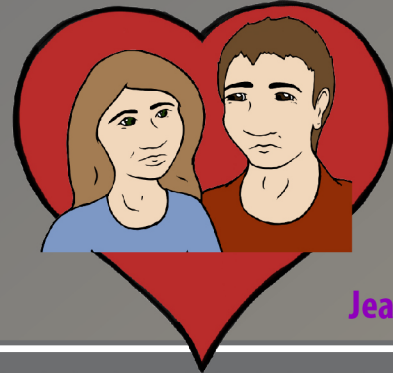


My Journey Through Domestic Violence

1989 - 2012
K & M
1 son & 1 daughter



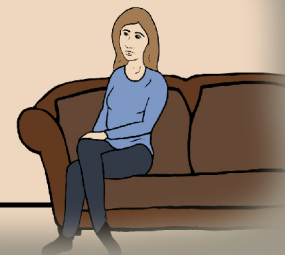
Jealousy



Emotional Abuse



Control



Financial Abuse



Physical Abuse



Sexual Abuse

Abusive Relationship 1989 - 2012

- M not allowed to make friends.
- K invited men to live with them and accused M of flirting.



- K hoards, then insults M's untidy housekeeping.
- Lets M see children sometimes.
- No assistance for M's miscarriage, not allowed to go to hospital.

- K took M's car, she had to walk to work.
- M made to quit going to church.
- K invited female guests, required M to serve them.
- Invited young girls to home often.
- M must bring child to work, or work from home.
- K went out to socialize, M had to stay home.

- Property/assets in his name only. M responsible to pay bills.
- His money was "spending money".
- Use M if he was unable to get credit.



- Child Protective Service helpful. K required to stay away from daughter.

- K choking and threatening M.
- Pushed her on stairs.
- Slapped and choked children.

- K sexually assaulted several young women, K insisted on unwanted sexual interactions with M.

Health Concerns/Consequences



- K diagnosed with Hep C.
- M required gall bladder surgery and experiences insomnia

- K continually breaching EPD restraining order.

- K continues to threaten M, insists she must not divulge his secrets.

- Legal support agency advised M to "just leave".

Seeking Help

- 2013, M moves to Edmonton to avoid K, but he follows, threatens and harasses M.

- Sexual Assault Centre somewhat helpful.

- Police helpful. 911 flag on house. Same officer assigned.

- Children confused, pressure from K.

Marriage Separation 2012

- K charged with sexual assault

- K fired due to sexual abuse allegations and fraud.

- City of Edmonton counselling groups helpful.

- Children's Services, not helpful.

- Zebra Centre helpful for daughter.

- John Howard Society helpful, address legal/court issues, family law, criminal trial.



Rebuilding

- K trying to influence daughter/son against mother. Son with dad - K made promises. Bail conditions in place.

- M seeking support. City of Edmonton support groups.

- K trying to control M. Stalking, influencing children against mother.

- M reflects on her journey, learning more about abuse, developing support network for her and her children.

- Edmonton Police, helpful to have one officer assigned ongoing.



This journey map was created by a Making Connections group Phase III participant, a domestic violence support group hosted/facilitated by the City of Edmonton, and M.A.P.S. Alberta Capital Region. The map was produced as a tool to engage stakeholders in a conversation about what works and what does not work in supporting families on their journey with family violence. For more information call M.A.P.S. at: 780-474-9393. Domestic Abuse Map 2016