## CASE STUDY LIFE MAP: MY PERSONAL JOURNEY - A Determinants Of Social Capital And Differential Success: Building A Better Life



Submission



Terror



Pain



Peace



Vulnerable



Scared



Fearful



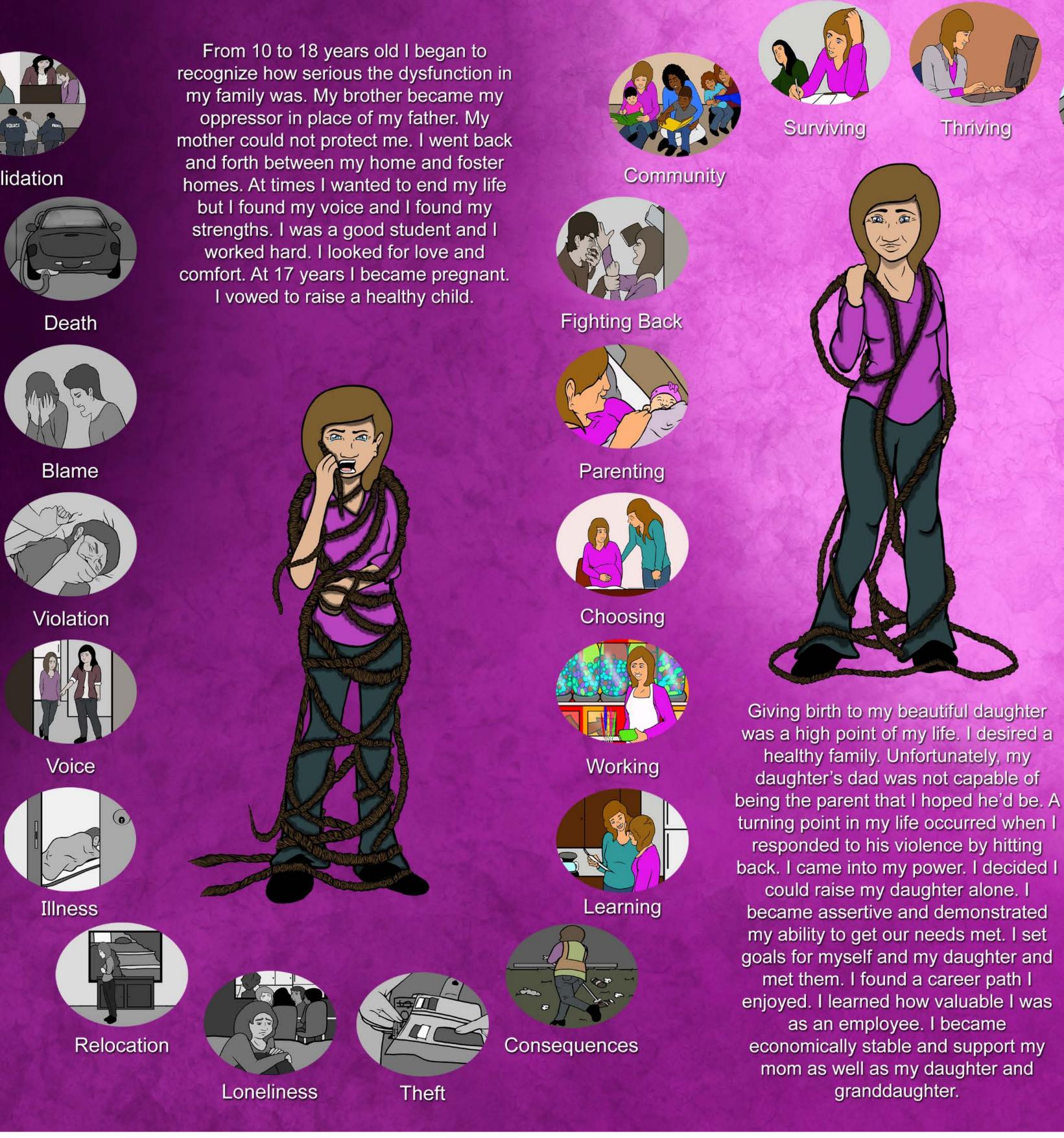
Confusion



Unprotected



Validation

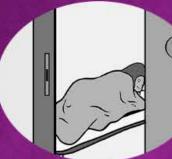






The first 10 years of my life was a dark time marked by fear and oppression. I felt suffocated, unable to avoid the crushing pressure of my family circumstances. My mom tried to leave an abusive situation but we had to go back. I experienced physical and sexual abuse. I could not rely on anyone to protect me. My dad died by suicide. I learned a lot about my ability to survive!







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