

## Better Life Project Frequencies & Descriptives – All Participants

### Round of data collection

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	May-June, 2016	268	44.2	44.2	44.2
	Feb -March, 2017	269	44.4	44.4	88.6
	Oct-Nov, 2017	69	11.4	11.4	100.0
	Total	606	100.0	100.0	

### Descriptive Statistics

	N	Minimum	Maximum	Mean	Std. Deviation
Q-1 Number of years in city (you can use one decimal for less than one year only)	604	<1	72	14.48	15.005
Q-2 Number of times moved residence in last 12 months	425	1	25	1.75	1.799
Q-3. Age on year of interview	605	18	73	41.28	11.702
Valid N (listwise)	584				

### 2 Number of times moved residence in last 12 months

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0	161	26.6	27.5	27.5
	1	231	38.1	39.4	66.9
	2	155	25.6	26.5	93.3
	3	17	2.8	2.9	96.2
	4	7	1.2	1.2	97.4
	5	8	1.3	1.4	98.8
	6	3	.5	.5	99.3
	9	1	.2	.2	99.5
	12	1	.2	.2	99.7
	20	1	.2	.2	99.8
	25	1	.2	.2	100.0
	Total	586	96.7	100.0	
Missing	No Response	20	3.3		
Total		606	100.0		

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### 4. What is your gender?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Female	365	60.2	61.9	61.9
	Male	223	36.8	37.8	99.7
	Transgender	2	.3	.3	100.0
	Total	590	97.4	100.0	
Missing	No response	12	2.0		
	System	4	.7		
	Total	16	2.6		
Total		606	100.0		

### 5. What is your current marital status?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Single, never married	261	43.1	43.2	43.2
	Married/cohabitant living with partner	165	27.2	27.3	70.5
	Married not living with partner	63	10.4	10.4	81.0
	Separated, divorced, widowed	115	19.0	19.0	100.0
	Total	604	99.7	100.0	
Missing	System	2	.3		
Total		606	100.0		

### 6. Do you have any children under 18?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	289	47.7	48.0	48.0
	Yes	313	51.7	52.0	100.0
	Total	602	99.3	100.0	
Missing	No response	3	.5		
	System	1	.2		
	Total	4	.7		
Total		606	100.0		

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### 6. Number of Children under age 18

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1	99	16.3	34.4	34.4
	2	91	15.0	31.6	66.0
	3	53	8.7	18.4	84.4
	4	28	4.6	9.7	94.1
	5	7	1.2	2.4	96.5
	6	4	.7	1.4	97.9
	7	2	.3	.7	98.6
	8	2	.3	.7	99.3
	9	2	.3	.7	100.0
	Total	288	47.5	100.0	
Missing	No response	21	3.5		
	Not applicable	155	25.6		
	System	142	23.4		
	Total	318	52.5		
Total	606	100.0			

### Descriptive Statistics

	N	Minimum	Maximum	Mean	Std. Deviation
6. Number of Children under age 18	288	1	9	2.29	1.430
Valid N (listwise)	288				

### 6. Who do your children live with?

	Frequency	Valid Percent
With me	236	75%
With ex-spouse/partner or current spouse or partner who is not living with me	44	14%
With grandparents	20	6%
With other relatives	8	3%
In foster care	18	6%

### 7. Top Three Most Important Services

Type of Service	Frequency	Valid Percent
Health Services	394	65%
Financial	268	44%
Housing Support	252	42%
Food	187	31%
Child Care	121	20%
Transportation	109	18%
Settlement Services	74	12%
Cultural Support Services	64	11%
Legal Aid	51	8%

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### 8. Employment Status

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Working full-time	39	6.4	6.5	6.5
	Working part-time	76	12.5	12.6	19.0
	Working casual hours	21	3.5	3.5	22.5
	Seeking employment	168	27.7	27.8	50.3
	Not seeking employment	300	49.5	49.7	100.0
	Total	604	99.7	100.0	
Missing	98	2	.3		
Total		606	100.0		

### Descriptive Statistics

	N	Minimum	Maximum	Mean	Std. Deviation
Q-9. On average, how many hours a week do you work?	129	0	75	22.63	13.268
Valid N (listwise)	129				

### 10. What is the highest degree or level of school you have completed?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No schooling completed	3	.5	.5	.5
	Elementary (up to grade 6)	30	5.0	5.0	5.5
	Junior high school (grade 9)	141	23.3	23.4	28.9
	High school (grade 12)	163	26.9	27.0	55.9
	Some college or university credit	70	11.6	11.6	67.5
	College diploma	61	10.1	10.1	77.6
	Bachelor's degree	77	12.7	12.8	90.4
	Advanced degree	58	9.6	9.6	100.0
	Total	603	99.5	100.0	
Missing	System	3	.5		
Total		606	100.0		

## Better Life Project Frequencies & Descriptives – All Participants

### 11. Are you currently attending school?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	391	64.5	65.3	65.3
	Yes, part-time	33	5.4	5.5	70.8
	Yes, full-time	175	28.9	29.2	100.0
	Total	599	98.8	100.0	
Missing	System	7	1.2		
Total		606	100.0		

### 12. Are you planning on any further education?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	183	30.2	55.0	55.0
	Yes	150	24.8	45.0	100.0
	Total	333	55.0	100.0	
Missing	System	209	34.5		
	Don't know	58	9.6		
	No response	6	1.0		
	Total	273	45.0		
Total		606	100.0		

### 12a. Why are you not planning on attending any more school?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Other	24	4.0	29.3	29.3
	Medical/disability reasons	17	2.8	20.7	50.0
	Age/too old	11	1.8	13.4	63.4
	No need for education at present	8	1.3	9.8	73.2
	It would be easier to get job training	7	1.2	8.5	81.7
	Lack of money	6	1.0	7.3	89.0
	Completed Education	3	.5	3.7	92.7
	Better to work/have labouring job	3	.5	3.7	96.3
	Bad experience with education	2	.3	2.4	98.8
	Family commitments	1	.2	1.2	100.0
	Total	82	13.5	100.0	
Missing	System	522	86.1		
	Don't know	1	.2		
	No response	1	.2		
	Total	524	86.5		
Total		606	100.0		

## Better Life Project Frequencies & Descriptives – All Participants

### 13. What is the first language you learned to speak as a child?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	English	279	46.0	46.1	46.1
	French	22	3.6	3.6	49.8
	Other:	304	50.2	50.2	100.0
	Total	605	99.8	100.0	
Missing	System	1	.2		
Total		606	100.0		

### 13. What is the first language your learned to speak as a child? [other]

Language	Frequency	Language	Frequency	Language	Frequency
Cree	36	Swahili	3	Kinyanyan	1
Arabic	32	Tigrinya	3	Konkani	1
Spanish	18	Burmese	2	Lakota	1
Mandarin	15	Chinese	2	Madingo	1
Somali	14	Creole	2	Mikmaq	1
Tagalog	14	Dene	2	Nakoda	1
Gujarati	11	Ilokano	2	North Slavey	1
Amharic	10	Saulteaux	2	Ojibway	1
Nepali	10	Serbian	2	Pigin	1
Punjabi	8	Soto	2	Polish	1
Malayalam	7	Turkish	2	Portuguese	1
Oromo	7	Visayan	2	Runyankole	1
Urdu	7	Albanian	1	Russian	1
Korean	6	Assyrian	1	Shona	1
Cantonese	5	Beaver	1	Sindhi	1
Kurdish	5	Blackfoot	1	Sioux	1
Tamil	5	Dira	1	Slavey	1
Yoruba	5	Dromo	1	Slovak	1
Persian	4	Dutch	1	Tagil	1
Ukranian	4	Filipino	1	Tharu	1
Bangla	3	Finnish	1	Tongan	1
Bengali	3	Greek	1	Uyghur	1
Farsi	3	Harare	1	Uzbek	1
German	3	Karen	1	Vietnamese	1
Hindi	3	Khmer	1		

### 14. Do you still speak this language?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	27	4.5	8.5	8.5
	Yes	291	48.0	91.5	100.0
	Total	318	52.5	100.0	
Missing	Not Applicable	149	24.6		
	System	139	22.9		
	Total	288	47.5		
Total		606	100.0		

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### 15. Are you a veteran?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	569	93.9	97.4	97.4
	Yes	15	2.5	2.6	100.0
	Total	584	96.4	100.0	
Missing	System	22	3.6		
Total		606	100.0		

### 16. Overall health - self reported

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Poor health	31	5.1	5.1	5.1
	Somewhat healthy	183	30.2	30.3	35.5
	Healthy	289	47.7	47.9	83.4
	Excellent health	100	16.5	16.6	100.0
	Total	603	99.5	100.0	
Missing	System	3	.5		
Total		606	100.0		

### 17. Have you had a problem with substance abuse in the last 12 months?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	469	77.4	78.3	78.3
	Yes	130	21.5	21.7	100.0
	Total	599	98.8	100.0	
Missing	System	7	1.2		
Total		606	100.0		

### 18. Do you have a chronic medical condition or any disability?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	359	59.2	60.7	60.7
	Yes	232	38.3	39.3	100.0
	Total	591	97.5	100.0	
Missing	System	15	2.5		
Total		606	100.0		

## Better Life Project Frequencies & Descriptives – All Participants

<b>19. Which of the following EPL services did you use in the past 12 months?</b>		
Type of Service	Frequency	Valid Percent
To borrow books or DVDs including online material	305	50%
To use the public computers	255	42%
To work or study	136	22%
To attend one of the library's programs	108	18%
To get help using computers, or filling out a form	67	11%
To get other help in person (like writing a resume)	42	7%
For community outreach (settlement workers, outreach workers, etc.)	37	6%
No, I have not used EPL for additional services or resources	140	25%

### 20. Do you identify as an indigenous person?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	374	61.7	63.4	63.4
	Yes	216	35.6	36.6	100.0
	Total	590	97.4	100.0	
Missing	System	16	2.6		
Total		606	100.0		

### 20a. Do you know anyone who has attended the residential school system?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	24	4.0	11.5	11.5
	Yes	185	30.5	88.5	100.0
	Total	209	34.5	100.0	
Missing	System	397	65.5		
Total		606	100.0		

### 20b. Who attended residential school?

	Proportion	Frequency
Grandparent(s)	14%	25
Myself	14%	26
Friends	25%	46
Mother and/or father	66%	123
Other relatives	76%	140



## Better Life Project Frequencies & Descriptives – All Participants

### 21. In what country were you born?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Canadian-born	326	53.8	54.2	54.2
	Immigrant	275	45.4	45.8	100.0
	Total	601	99.2	100.0	
Missing	No response	3	.5		
	System	2	.3		
	Total	5	.8		
Total		606	100.0		

### 21. In what country were you born? [other]

Country	Frequency	Country	Frequency	Country	Frequency
India	34	Egypt	3	Guinea	1
China	22	Ivory Coast	3	Haiti	1
Philippines	21	Korea	3	Kenya	1
Ethiopia	19	Kuwait	3	Lebanon	1
Iraq	15	South Korea	3	Liberia	1
Nepal	10	Chile	2	Mauritius	1
Nigeria	9	Dominican Republic	2	Peru	1
Somalia	9	Guatemala	2	Poland	1
Pakistan	8	Turkey	2	Russia	1
Democratic Republic of Congo	6	United Kingdom	2	Rwanda	1
Iran	6	Albania	1	Saudi Arabia	1
Mexico	6	Austria	1	Serbia	1
Morocco	6	Bolivia	1	Sierra Leone	1
Bangladesh	5	Brazil	1	Somali	1
Jamaica	5	Cambodia	1	South Sudan	1
Sudan	5	Colombia	1	Sri Lanka	1
Afghanistan	4	Congo	1	Togo	1
Cameroon	4	Cote d'Ivoire	1	Trinidad	1
El Salvador	4	Djibuti	1	Uganda	1
Eritrea	4	East Africa	1	Ukraine	1
Syria	4	England	1	United Arab Emirates	1
USA	4	France	1	Venezuela	1
Burma	3	Greece	1	Zimbabwe	1

### Descriptive Statistics

	N	Minimum	Maximum	Mean	Std. Deviation
Number of years in Canada	269	Less than 1 year	59	9.17	11.677
Valid N (listwise)	269				

## Better Life Project Frequencies & Descriptives – All Participants

### 21b. What was your status upon entry into Canada?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Immigrant - principal applicant	106	17.5	39.8	39.8
	Family of a principal applicant	75	12.4	28.2	68.0
	Sponsored refugee (government or privately sponsored)	32	5.3	12.0	80.1
	Refugee claimant	18	3.0	6.8	86.8
	Work visa	16	2.6	6.0	92.9
	Student visa	9	1.5	3.4	96.2
	Visitor's Visa	6	1.0	2.3	98.5
	Canadian born abroad	4	.7	1.5	100.0
	Total	266	43.8	100.0	
	Missing	Not applicable	169	27.8	
System		166	27.3		
No response		6	1.0		
Total		341	56.2		
Total	607	100.0			

### 22. Have you ever been homeless in Canada?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	328	54.0	55.3	55.3
	Yes	265	43.7	44.7	100.0
	Total	593	97.7	100.0	
Missing	No response	4	.7		
	System	10	1.6		
	Total	14	2.3		
Total	607	100.0			

### 22a. Do you currently have permanent housing?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	194	32.0	74.3	74.3
	No	67	11.0	25.7	100.0
	Total	261	43.0	100.0	
Missing	No Response	1	.2		
	System	345	56.8		
	Total	346	57.0		
Total	607	100.0			

## Better Life Project Frequencies & Descriptives – All Participants

### 22b. Times Homeless in last 5 years

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	One time	70	11.5	39.3	39.3
	Two times	30	4.9	16.9	56.2
	Three times	27	4.4	15.2	71.3
	Four or more times	39	6.4	21.9	93.3
	Homeless for past five years	12	2.0	6.7	100.0
	Total	178	29.3	100.0	
Missing	None	46	7.6		
	No Response	11	1.8		
	Not applicable	103	17.0		
	System	269	44.3		
	Total	429	70.7		
Total		607	100.0		

### Descriptive Statistics

	N	Minimum	Maximum	Mean	Std. Deviation
Recoded years of homelessness in past 5 years	180	.08	12.00	2.0898	2.65690
Valid N (listwise)	180				

## Better Life Project Frequencies & Descriptives – All Participants

### Q22c. - Last five years duration of homeless in months

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	< 6 months	27	4.4	23.1	23.1
	> 6 months and < 13 months	28	4.6	23.9	47.0
	> 13 months and < 19 months	8	1.3	6.8	53.8
	>18 months and <25 months	7	1.2	6.0	59.8
	24 months and < 31 months	13	2.1	11.1	70.9
	> 30 months and < 37 months	12	2.0	10.3	81.2
	> 36 months and < 43 months	2	.3	1.7	82.9
	> 42 months and < 49 months	6	1.0	5.1	88.0
	> 48 months and <55 months	1	.2	.9	88.9
	Homeless for entire five years	13	2.1	11.1	100.0
	Total	117	19.3	100.0	
Missing	Not without housing	34	5.6		
	No response	14	2.3		
	Not applicable	103	17.0		
	System	339	55.8		
	Total	490	80.7		
Total	607	100.0			

### Q23 - Frequency of doing following | Participate in spiritual/religious activities

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Rarely or never	173	28.5	28.7	28.7
	Several times a year	82	13.5	13.6	42.4
	Monthly	64	10.5	10.6	53.0
	2-3 times a week	152	25.0	25.2	78.2
	Daily	131	21.6	21.8	100.0
	Total	602	99.2	100.0	
Missing	System	5	.8		
Total		607	100.0		

## Better Life Project Frequencies & Descriptives – All Participants

### Q23 - Frequency of doing following | Use the internet for work, school, or personal use

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Rarely or never	76	12.5	12.7	12.7
	Several times a year	12	2.0	2.0	14.7
	Monthly	23	3.8	3.8	18.6
	2-3 times a week	53	8.7	8.9	27.4
	Daily	434	71.5	72.6	100.0
	Total	598	98.5	100.0	
Missing	System	9	1.5		
Total		607	100.0		

### Q23 - Frequency of doing following | Take part in sports or physical exercise

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Rarely or never	138	22.7	23.0	23.0
	Several times a year	53	8.7	8.8	31.8
	Monthly	60	9.9	10.0	41.8
	2-3 times a week	181	29.8	30.2	72.0
	Daily	168	27.7	28.0	100.0
	Total	600	98.8	100.0	
Missing	System	7	1.2		
Total		607	100.0		

### Q23 - Frequency of doing following | Participate in organized activities in my community (e.g. community dinner, round dance, etc.)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Rarely or never	206	33.9	34.3	34.3
	Several times a year	110	18.1	18.3	52.7
	Monthly	127	20.9	21.2	73.8
	2-3 times a week	120	19.8	20.0	93.8
	Daily	37	6.1	6.2	100.0
	Total	600	98.8	100.0	
Missing	System	7	1.2		
Total		607	100.0		

## Better Life Project Frequencies & Descriptives – All Participants

### Q24. - Volunteer work past 12 months

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	274	45.1	46.1	46.1
	Yes	320	52.7	53.9	100.0
	Total	594	97.9	100.0	
Missing	System	13	2.1		
Total		607	100.0		

### Q25. - Volunteer frequency and organizations | With community and social services (organizations helping the elderly, young people, disabled, or other people in need)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Rarely or never	84	13.8	28.8	28.8
	Several times a year	60	9.9	20.5	49.3
	Monthly	54	8.9	18.5	67.8
	2-3 times a week	73	12.0	25.0	92.8
	Daily	21	3.5	7.2	100.0
	Total	292	48.1	100.0	
Missing	System	315	51.9		
Total		607	100.0		

### Q25. - Volunteer frequency and organizations | With education, cultural, sports or professional associations

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Rarely or never	122	20.1	45.2	45.2
	Several times a year	54	8.9	20.0	65.2
	Monthly	41	6.8	15.2	80.4
	2-3 times a week	44	7.2	16.3	96.7
	Daily	9	1.5	3.3	100.0
	Total	270	44.5	100.0	
Missing	System	337	55.5		
Total		607	100.0		

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### Q25. - Volunteer frequency and organizations | At my place of worship (mosque, temple, synagogue, church, spiritual centre)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Rarely or never	126	20.8	48.3	48.3
	Several times a year	43	7.1	16.5	64.8
	Monthly	29	4.8	11.1	75.9
	2-3 times a week	52	8.6	19.9	95.8
	Daily	11	1.8	4.2	100.0
	Total	261	43.0	100.0	
Missing	System	346	57.0		
Total		607	100.0		

### Q25. - Volunteer frequency and organizations | Providing services to newcomers to Canada

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Rarely or never	19	3.1	76.0	76.0
	Several times a year	5	.8	20.0	96.0
	Monthly	1	.2	4.0	100.0
	Total	25	4.1	100.0	
Missing	System	582	95.9		
Total		607	100.0		

### Q25. - Volunteer frequency and organizations | Providing services to Indigenous people

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Rarely or never	158	26.0	62.9	62.9
	Several times a year	27	4.4	10.8	73.7
	Monthly	29	4.8	11.6	85.3
	2-3 times a week	24	4.0	9.6	94.8
	Daily	13	2.1	5.2	100.0
	Total	251	41.4	100.0	
Missing	System	356	58.6		
Total		607	100.0		

## Better Life Project Frequencies & Descriptives – All Participants

### Q25. - Volunteer frequency and organizations | With other volunteer organizations

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Rarely or never	120	19.8	48.8	48.8
	Several times a year	50	8.2	20.3	69.1
	Monthly	41	6.8	16.7	85.8
	2-3 times a week	25	4.1	10.2	95.9
	Daily	10	1.6	4.1	100.0
	Total	246	40.5	100.0	
Missing	System	361	59.5		
Total		607	100.0		

### Q26. Federal Vote (Trudeau)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	267	44.0	56.4	56.4
	Yes	206	33.9	43.6	100.0
	Total	473	77.9	100.0	
Missing	Not eligible	126	20.8		
	System	8	1.3		
	Total	134	22.1		
Total		607	100.0		

### Q27. Provincial Vote (Notley)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	299	49.3	63.5	63.5
	Yes	172	28.3	36.5	100.0
	Total	471	77.6	100.0	
Missing	Not Eligible	54	8.9		
	System	82	13.5		
	Total	136	22.4		
Total		607	100.0		



## Better Life Project Frequencies & Descriptives – All Participants

### Q28. Municipal Vote (Iveson)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	361	59.5	78.8	78.8
	Yes	97	16.0	21.2	100.0
	Total	458	75.5	100.0	
Missing	Not Eligible	54	8.9		
	System	95	15.7		
	Total	149	24.5		
Total		607	100.0		

### Q29. - Trust - Agencies | I trust the Alberta government services (such as Alberta Works WCB, Capital Regional Housing, Children's services, etc.)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	53	8.7	9.4	9.4
	Sometimes	147	24.2	26.1	35.5
	Most of the time	168	27.7	29.8	65.4
	Always	195	32.1	34.6	100.0
	Total	563	92.8	100.0	
Missing	No contact	33	5.4		
	System	11	1.8		
	Total	44	7.2		
Total		607	100.0		

### Q29. - Trust - Agencies | I trust the legal system (such as police, courts, parole board, etc.)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	89	14.7	16.3	16.3
	Sometimes	142	23.4	26.0	42.2
	Most of the time	113	18.6	20.7	62.9
	Always	203	33.4	37.1	100.0
	Total	547	90.1	100.0	
Missing	No contact	50	8.2		
	System	10	1.6		
	Total	60	9.9		
Total		607	100.0		

## Better Life Project Frequencies & Descriptives – All Participants

### Q29. - Trust - Agencies | I trust health care professionals (such as physicians dental workers, hospital staff)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	24	4.0	4.1	4.1
	Sometimes	103	17.0	17.5	21.6
	Most of the time	190	31.3	32.3	53.9
	Always	271	44.6	46.1	100.0
	Total	588	96.9	100.0	
Missing	No contact	8	1.3		
	System	11	1.8		
	Total	19	3.1		
Total		607	100.0		

### Q29. - Trust - Agencies | I trust emergency services (such as fire department, police services, emergency medical staff)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	28	4.6	5.1	5.1
	Sometimes	68	11.2	12.4	17.6
	Most of the time	119	19.6	21.8	39.3
	Always	332	54.7	60.7	100.0
	Total	547	90.1	100.0	
Missing	No contact	47	7.7		
	System	13	2.1		
	Total	60	9.9		
Total		607	100.0		

### Q29. - Trust - Agencies | I trust community services (such as the Food Bank, Boyle McCauley, Ambrose Place (Niginan), Edmonton Immigrant Serving Agencies, etc.)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	16	2.6	2.9	2.9
	Sometimes	67	11.0	12.1	15.0
	Most of the time	147	24.2	26.5	41.5
	Always	324	53.4	58.5	100.0
	Total	554	91.3	100.0	
Missing	No contact	39	6.4		
	System	14	2.3		
	Total	53	8.7		
Total		607	100.0		

## Better Life Project Frequencies & Descriptives – All Participants

### Q30. - Trust - People | I trust the people in my neighborhood

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	119	19.6	20.0	20.0
	Sometimes	235	38.7	39.4	59.4
	Most of the time	149	24.5	25.0	84.4
	Always	93	15.3	15.6	100.0
	Total	596	98.2	100.0	
Missing	System	11	1.8		
Total		607	100.0		

### Q30. - Trust - People | I trust people who work in stores where I shop

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	51	8.4	8.6	8.6
	Sometimes	182	30.0	30.6	39.2
	Most of the time	216	35.6	36.3	75.5
	Always	146	24.1	24.5	100.0
	Total	595	98.0	100.0	
Missing	System	12	2.0		
Total		607	100.0		

### Q30. - Trust - People | I trust people from other cultures

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	39	6.4	6.6	6.6
	Sometimes	190	31.3	32.0	38.6
	Most of the time	202	33.3	34.0	72.6
	Always	163	26.9	27.4	100.0
	Total	594	97.9	100.0	
Missing	System	13	2.1		
Total		607	100.0		

## Better Life Project Frequencies & Descriptives – All Participants

### Q30. - Trust - People | I trust my family

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	44	7.2	7.4	7.4
	Sometimes	86	14.2	14.5	21.8
	Most of the time	88	14.5	14.8	36.6
	Always	377	62.1	63.4	100.0
	Total	595	98.0	100.0	
Missing	System	12	2.0		
Total		607	100.0		

### Q30. - Trust - People | I trust people from my culture

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	33	5.4	5.5	5.5
	Sometimes	183	30.1	30.6	36.1
	Most of the time	209	34.4	34.9	71.1
	Always	173	28.5	28.9	100.0
	Total	598	98.5	100.0	
Missing	System	9	1.5		
Total		607	100.0		

### Q31. Connected in Community | How often do you feel part of a group of friends

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	48	7.9	8.0	8.0
	Sometimes	194	32.0	32.4	40.4
	Most of the time	218	35.9	36.4	76.8
	Always	139	22.9	23.2	100.0
	Total	599	98.7	100.0	
Missing	System	8	1.3		
Total		607	100.0		

## Better Life Project Frequencies & Descriptives – All Participants

### Q31. Connected in Community | How often do you feel that you are no longer close to anyone?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	177	29.2	29.8	29.8
	Sometimes	292	48.1	49.2	79.1
	Most of the time	84	13.8	14.2	93.3
	Always	40	6.6	6.7	100.0
	Total	593	97.7	100.0	
Missing	System	14	2.3		
Total		607	100.0		

### Q31. Connected in Community | How often can you have company or companionship when you want it?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	59	9.7	10.0	10.0
	Sometimes	209	34.4	35.4	45.4
	Most of the time	176	29.0	29.8	75.3
	Always	146	24.1	24.7	100.0
	Total	590	97.2	100.0	
Missing	System	17	2.8		
Total		607	100.0		

### Q31. Connected in Community | How often do you feel lonely, even when you are with other people?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	173	28.5	29.2	29.2
	Sometimes	291	47.9	49.1	78.2
	Most of the time	73	12.0	12.3	90.6
	Always	56	9.2	9.4	100.0
	Total	593	97.7	100.0	
Missing	System	14	2.3		
Total		607	100.0		

## Better Life Project Frequencies & Descriptives – All Participants

### Q32. - Face-to-face contact | Any of your children

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Rarely or never	71	11.7	29.3	29.3
	Several times a year	40	6.6	16.5	45.9
	Monthly	32	5.3	13.2	59.1
	2-3 times a week	29	4.8	12.0	71.1
	Daily	70	11.5	28.9	100.0
	Total	242	39.9	100.0	
Missing	NA	351	57.8		
	System	14	2.3		
	Total	365	60.1		
Total		607	100.0		

### Q32. - Face-to-face contact | Your mother or father

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Rarely or never	241	39.7	54.8	54.8
	Several times a year	76	12.5	17.3	72.0
	Monthly	38	6.3	8.6	80.7
	2-3 times a week	47	7.7	10.7	91.4
	Daily	38	6.3	8.6	100.0
	Total	440	72.5	100.0	
Missing	NA	150	24.7		
	System	17	2.8		
	Total	167	27.5		
Total		607	100.0		

## Better Life Project Frequencies & Descriptives – All Participants

### Q32. - Face-to-face contact | A brother, sister, or other relative

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Rarely or never	262	43.2	47.4	47.4
	Several times a year	107	17.6	19.3	66.7
	Monthly	76	12.5	13.7	80.5
	2-3 times a week	52	8.6	9.4	89.9
	Daily	56	9.2	10.1	100.0
	Total	553	91.1	100.0	
Missing	NA	39	6.4		
	System	15	2.5		
	Total	54	8.9		
Total		607	100.0		

### Q32. - Face-to-face contact | Any of your friends or neighbours from your own culture

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Rarely or never	116	19.1	19.9	19.9
	Several times a year	62	10.2	10.6	30.5
	Monthly	92	15.2	15.8	46.2
	2-3 times a week	158	26.0	27.1	73.3
	Daily	156	25.7	26.7	100.0
	Total	584	96.2	100.0	
Missing	NA	10	1.6		
	System	13	2.1		
	Total	23	3.8		
Total		607	100.0		

### Q32. - Face-to-face contact | Any of your friends or neighbours from another culture

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Rarely or never	103	17.0	17.8	17.8
	Several times a year	67	11.0	11.6	29.3
	Monthly	84	13.8	14.5	43.8
	2-3 times a week	140	23.1	24.1	67.9
	Daily	186	30.6	32.1	100.0
	Total	580	95.6	100.0	
Missing	NA	12	2.0		
	System	15	2.5		
	Total	27	4.4		
Total		607	100.0		

## Better Life Project Frequencies & Descriptives – All Participants

### Q33. - Phone, Skype, or Internet contact | Any of your children

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Rarely or never	61	10.0	27.9	27.9
	Several times a year	11	1.8	5.0	32.9
	Monthly	29	4.8	13.2	46.1
	2-3 times a week	47	7.7	21.5	67.6
	Daily	71	11.7	32.4	100.0
	Total	219	36.1	100.0	
Missing	NA	370	61.0		
	System	18	3.0		
	Total	388	63.9		
Total	607	100.0			

### Q33. - Phone, Skype, or Internet contact | Any of your parents

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Rarely or never	90	14.8	19.7	19.7
	Several times a year	27	4.4	5.9	25.6
	Monthly	70	11.5	15.3	40.9
	2-3 times a week	149	24.5	32.6	73.5
	Daily	121	19.9	26.5	100.0
	Total	457	75.3	100.0	
Missing	NA	141	23.2		
	System	9	1.5		
	Total	150	24.7		
Total	607	100.0			



## Better Life Project Frequencies & Descriptives – All Participants

### Q33. - Phone, Skype, or Internet contact | Any brother, sister or other relative

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Rarely or never	94	15.5	16.6	16.6
	Several times a year	54	8.9	9.5	26.1
	Monthly	109	18.0	19.3	45.4
	2-3 times a week	184	30.3	32.5	77.9
	Daily	125	20.6	22.1	100.0
	Total	566	93.2	100.0	
Missing	NA	29	4.8		
	System	12	2.0		
	Total	41	6.8		
Total		607	100.0		

### Q33. - Phone, Skype, or Internet contact | Any of your friends or neighbours from your own culture

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Rarely or never	110	18.1	19.2	19.2
	Several times a year	58	9.6	10.1	29.3
	Monthly	92	15.2	16.0	45.3
	2-3 times a week	167	27.5	29.1	74.4
	Daily	147	24.2	25.6	100.0
	Total	574	94.6	100.0	
Missing	NA	15	2.5		
	System	18	3.0		
	Total	33	5.4		
Total		607	100.0		

## Better Life Project Frequencies & Descriptives – All Participants

**Q33. - Phone, Skype, or Internet contact | Any of your friends or neighbours from another culture**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Rarely or never	168	27.7	29.4	29.4
	Several times a year	68	11.2	11.9	41.3
	Monthly	93	15.3	16.3	57.6
	2-3 times a week	135	22.2	23.6	81.3
	Daily	107	17.6	18.7	100.0
	Total	571	94.1	100.0	
Missing	NA	15	2.5		
	System	21	3.5		
	Total	36	5.9		
Total		607	100.0		

<b>34. Who would you turn to for support: If you need help when you are ill</b>		
	Frequency	Valid percent
Family or relative	311	51%
Friend or neighbour	153	25%
Community Service Provider	125	21%
Government Department	75	12%
No One	67	11%
Other	9	2%

<b>34. Who would you turn to for support: If you need advice about a serious personal or family matter</b>		
	Frequency	Valid percent
Family or relative	296	49%
Friend or neighbour	189	31%
Community Service Provider	161	27%
Government Department	42	7%
No One	38	6%

<b>34. Who would you turn to for support: If you needed help looking for a job</b>		
	Frequency	Valid percent
Family or relative	84	14%
Friend or neighbour	19	3%
Community Service Provider	331	55%
Government Department	178	29%
Internet	26	4%
No One	56	9%

## Better Life Project Frequencies & Descriptives – All Participants

<b>34. Who would you turn to for support: If you needed help looking for housing</b>		
	Frequency	Valid percent
Family or relative	90	15%
Friend or neighbour	132	22%
Community Service Provider	311	51%
Government Department	153	25%
Internet	27	4%
No One	54	9%

<b>34. Who would you turn to for support: If you feel sad</b>		
	Frequency	Valid percent
Family or relative	296	49%
Friend or neighbour	284	47%
Community Service Provider	98	16%
Government Department	15	3%
No One	55	9%

<b>34. Who would you turn to for support: If you urgently need money</b>		
	Frequency	Valid percent
Family or relative	305	50%
Friend or neighbour	133	22%
Community Service Provider	56	9%
Government Department	120	20%
No One	88	15%

### Q35. Feel about self | I am satisfied with myself

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	21	3.5	3.5	3.5
	Sometimes	140	23.1	23.4	26.9
	Most of the time	252	41.5	42.1	69.1
	Always	185	30.5	30.9	100.0
	Total	598	98.5	100.0	
Missing	System	9	1.5		
Total		607	100.0		

## Better Life Project Frequencies & Descriptives – All Participants

### Q35. Feel about self | I have many good qualities

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	8	1.3	1.3	1.3
	Sometimes	80	13.2	13.4	14.7
	Most of the time	250	41.2	41.9	56.6
	Always	259	42.7	43.4	100.0
	Total	597	98.4	100.0	
Missing	System	10	1.6		
Total		607	100.0		

### Q35. Feel about self | I am able to do things as well as other people

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	9	1.5	1.5	1.5
	Sometimes	93	15.3	15.6	17.1
	Most of the time	220	36.2	36.9	54.0
	Always	274	45.1	46.0	100.0
	Total	596	98.2	100.0	
Missing	System	11	1.8		
Total		607	100.0		

### Q36. - Feelings frequency | I feel cheerful and in good spirits

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	7	1.2	1.2	1.2
	Sometimes	122	20.1	20.3	21.4
	Most of the time	291	47.9	48.3	69.8
	Always	182	30.0	30.2	100.0
	Total	602	99.2	100.0	
Missing	System	5	.8		
Total		607	100.0		

## Better Life Project Frequencies & Descriptives – All Participants

### Q36. - Feelings frequency | I feel calm and relaxed

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	24	4.0	4.0	4.0
	Sometimes	176	29.0	29.5	33.5
	Most of the time	272	44.8	45.6	79.1
	Always	125	20.6	20.9	100.0
	Total	597	98.4	100.0	
Missing	System	10	1.6		
Total		607	100.0		

### Q36. - Feelings frequency | I feel active and energetic

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	26	4.3	4.4	4.4
	Sometimes	181	29.8	30.4	34.8
	Most of the time	244	40.2	41.0	75.8
	Always	144	23.7	24.2	100.0
	Total	595	98.0	100.0	
Missing	System	12	2.0		
Total		607	100.0		

### Q36. - Feelings frequency | My daily life is interesting

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	36	5.9	6.0	6.0
	Sometimes	189	31.1	31.7	37.7
	Most of the time	178	29.3	29.8	67.5
	Always	194	32.0	32.5	100.0
	Total	597	98.4	100.0	
Missing	System	10	1.6		
Total		607	100.0		

## Better Life Project Frequencies & Descriptives – All Participants

### Q36. - Feelings frequency | I feel nervous and tense

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	113	18.6	19.0	19.0
	Sometimes	384	63.3	64.4	83.4
	Most of the time	66	10.9	11.1	94.5
	Always	33	5.4	5.5	100.0
	Total	596	98.2	100.0	
Missing	System	11	1.8		
Total		607	100.0		

### Q36. - Feelings frequency | I feel lonely

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	163	26.9	27.3	27.3
	Sometimes	319	52.6	53.5	80.9
	Most of the time	74	12.2	12.4	93.3
	Always	40	6.6	6.7	100.0
	Total	596	98.2	100.0	
Missing	System	11	1.8		
Total		607	100.0		

### Q36. - Feelings frequency | I feel sad

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	136	22.4	22.7	22.7
	Sometimes	396	65.2	66.2	89.0
	Most of the time	42	6.9	7.0	96.0
	Always	24	4.0	4.0	100.0
	Total	598	98.5	100.0	
Missing	System	9	1.5		
Total		607	100.0		

## Better Life Project Frequencies & Descriptives – All Participants

### Q37. - Feelings Community | I feel connected to the community I live in

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	100	16.5	16.8	16.8
	Sometimes	215	35.4	36.2	53.0
	Most of the time	157	25.9	26.4	79.5
	Always	122	20.1	20.5	100.0
	Total	594	97.9	100.0	
Missing	System	13	2.1		
Total		607	100.0		

### Q37. - Feelings Community | I feel connected to my family and friends

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	35	5.8	5.9	5.9
	Sometimes	110	18.1	18.5	24.4
	Most of the time	169	27.8	28.5	52.9
	Always	280	46.1	47.1	100.0
	Total	594	97.9	100.0	
Missing	System	13	2.1		
Total		607	100.0		

### Q37. - Feelings Community | I feel connected to others from my culture

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	54	8.9	9.0	9.0
	Sometimes	213	35.1	35.6	44.6
	Most of the time	189	31.1	31.6	76.3
	Always	142	23.4	23.7	100.0
	Total	598	98.5	100.0	
Missing	System	9	1.5		
Total		607	100.0		

## Better Life Project Frequencies & Descriptives – All Participants

### Q37. - Feelings Community | I feel like I belong around the people that I know

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	26	4.3	4.4	4.4
	Sometimes	160	26.4	26.9	31.3
	Most of the time	209	34.4	35.1	66.4
	Always	200	32.9	33.6	100.0
	Total	595	98.0	100.0	
Missing	System	12	2.0		
Total		607	100.0		

### Q37. - Feelings Community | I participate in my community

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	104	17.1	17.7	17.7
	Sometimes	202	33.3	34.3	52.0
	Most of the time	161	26.5	27.3	79.3
	Always	122	20.1	20.7	100.0
	Total	589	97.0	100.0	
Missing	System	18	3.0		
Total		607	100.0		

### Q37. - Feelings Community | I participate in events with friends and family

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	58	9.6	9.8	9.8
	Sometimes	194	32.0	32.8	42.6
	Most of the time	190	31.3	32.1	74.8
	Always	149	24.5	25.2	100.0
	Total	591	97.4	100.0	
Missing	System	16	2.6		
Total		607	100.0		



## Better Life Project Frequencies & Descriptives – All Participants

### Q37. - Feelings Community | I participate with people from other cultures

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	66	10.9	11.1	11.1
	Sometimes	300	49.4	50.7	61.8
	Most of the time	130	21.4	22.0	83.8
	Always	96	15.8	16.2	100.0
	Total	592	97.5	100.0	
Missing	System	15	2.5		
Total		607	100.0		

### Q37. - Feelings Community | I am free to decide how to live my life

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	16	2.6	2.7	2.7
	Sometimes	59	9.7	10.0	12.7
	Most of the time	141	23.2	23.9	36.6
	Always	374	61.6	63.4	100.0
	Total	590	97.2	100.0	
Missing	System	17	2.8		
Total		607	100.0		

### Q37. - Feelings Community | I feel appreciated by others

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	24	4.0	4.0	4.0
	Sometimes	163	26.9	27.3	31.3
	Most of the time	224	36.9	37.5	68.8
	Always	186	30.6	31.2	100.0
	Total	597	98.4	100.0	
Missing	System	10	1.6		
Total		607	100.0		

## Better Life Project Frequencies & Descriptives – All Participants

### Q37. - Feelings Community | I am willing to help make my community better

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	12	2.0	2.0	2.0
	Sometimes	86	14.2	14.5	16.5
	Most of the time	169	27.8	28.5	45.0
	Always	326	53.7	55.0	100.0
	Total	593	97.7	100.0	
Missing	System	14	2.3		
Total		607	100.0		

### Q37. - Feelings Community | I have some influence to make my community better

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	66	10.9	11.2	11.2
	Sometimes	194	32.0	32.9	44.1
	Most of the time	148	24.4	25.1	69.2
	Always	182	30.0	30.8	100.0
	Total	590	97.2	100.0	
Missing	System	17	2.8		
Total		607	100.0		

### Q37. - Feelings Community | I feel safe in my community

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Never	44	7.2	7.4	7.4
	Sometimes	133	21.9	22.5	29.9
	Most of the time	199	32.8	33.7	63.6
	Always	215	35.4	36.4	100.0
	Total	591	97.4	100.0	
Missing	System	16	2.6		
Total		607	100.0		

### Q38. Discrimination

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No	232	38.2	38.9	38.9
	Yes	365	60.1	61.1	100.0
	Total	597	98.4	100.0	
Missing	System	10	1.6		
Total		607	100.0		

## Better Life Project Frequencies & Descriptives – All Participants

### Q38a. Frequency discrimination

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Rarely	80	13.2	23.9	23.9
	Several times a year	131	21.6	39.1	63.0
	Monthly	60	9.9	17.9	80.9
	2-3 times a week	30	4.9	9.0	89.9
	Daily	34	5.6	10.1	100.0
	Total	335	55.2	100.0	
Missing	System	272	44.8		
Total		607	100.0		

38. Where did this discrimination occur?		
	Frequency	Valid percent
From your family	42	7%
From people of the same culture	53	9%
From government agencies	61	10%
With police	66	11%
From agencies that provide you with services	84	14%
From people who work in stores you shop	112	19%
Your neighbourhood	124	20%
Other - please specify	95	18%

38. Where did this discrimination occur? Other	
	Frequency
With landlords/housing	3
In jail or recovery centre	10
In school	11
With people from other cultures	12
On the bus, taxis, public transportation	15
At work or looking for work	18
Everywhere/always/anywhere/random people	26

### Descriptive Statistics

	N	Minimum	Maximum	Mean	Median	Std. Deviation
39 Household Income	498	\$0	\$355,800	\$23,881.29	\$19,000.00	\$26,144.949
Number of people in household (2nd & 3rd rounds)	285	1.00	15.00	3.1228		2.02337
Valid N (listwise)	252					

## Better Life Project Frequencies & Descriptives – All Participants

### Descriptive Statistics

	N	Minimum	Maximum	Mean	Std. Deviation
Number of people in household (2nd & 3rd rounds)	285	1.00	15.00	3.1228	2.02337
Valid N (listwise)	285				

### 40. Sources of Income

	Frequency	Valid Percent
Employment	266	44%
RRSP or other retirement savings	23	4%
Government support programs	342	56%
Scholarships & Awards	18	3%
Loans	27	4%